

Songahm Spirit of Taekwondo



Sir/Ma'am

**I will practice in the
spirit of Taekwondo;
with courtesy for
fellow students,
loyalty for my instructor
and respect for my
juniors and seniors**

Sir/Ma'am

Sir/Ma'am

**I shall live with
perseverance in the
spirit of Taekwondo;
having honor with
others, integrity within
myself and self control
in my actions**

Sir/Ma'am